# User Interaction with Inverted-F Antennas Integrated into Laptop PCMCIA Cards

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Abstract. This paper evaluates the overall laptop integration effects on the performance of commercial 2.4 GHz Inverted-F antennas built into PCMCIA cards. A generic laptop model is used to represent the antenna housing effects while an anatomical shape homogenous human model is used to estimate the electromagnetic interaction between the antenna and the user. The antenna performance is evaluated for different card locations in terms of reflection coefficient, far-field gain pattern and radiation efficiency. The human exposure to EM radiation is analyzed in terms of Specific Absorption Rate.

# Keywords

Laptop antennas, inverted-F antennas, electromagnetic human interaction, wireless communications.

# 1. Introduction

In the age of 'information society' laptop computers are inherently associated with wireless connectivity. The vast majority of today's laptops communicate with peripheral devices (Wireless Personal Area Networks, WPAN) and other computers (Wireless Local Area Networks, WLAN) via radio technologies. Moreover, the integration of cellular network radios into some laptops gives the user access to the Internet in areas not covered by WLANs. An enormous progress in integrated circuits technology enabled manufacturers to miniaturize wireless interface electronics and easily integrate them within relatively large laptop terminals (when compared to handsets or PDAs). The overall performance of this lumped block can generally be platform-independent. On the other hand laptop antennas, even when denoted as compact, are always interacting with the electromagnetic field surrounding the PC, therefore its operation depends on the laptop structure as well as on the nearby environment.

The nearest vicinity of the antenna is constituted by the laptop structure itself, and its influence on the radiator performance plays a key role. Laptop housing effects have been already investigated for both plug-in [1] and built-in [2] wireless interfaces. When a typical scenario of laptop operation is considered, the user makes indispensably part of the antenna neighborhood. It has already been shown that for handset-mounted antennas the presence of nearby biological tissue is a key consideration [3]. The electromagnetic interaction between the antenna and the human also affects the overall system performance and should be evaluated. The interaction between a side mounted laptop 5.2 GHz sleeve dipole antenna and the operator has been already investigated in [4].

In this paper we highlight the antenna – environment interaction for a 2.4 GHz inverted-F antenna (IFA) integrated into a plug-in interface. In order to clearly identify the laptop housing effects and the operator influence, the PCMCIA antenna performance is compared for three scenarios: (i) freestanding card, (ii) card + laptop and (iii) card + laptop + user. The last scenario (iii) corresponds to the typical laptop antenna operation situation and real antenna in-use performance. The exposure of the laptop user to EM radiation is also evaluated.

# 2. Antenna and Environment Modeling

The present analysis is based on 3D full-wave simulations performed with CST software package.

#### 2.1 Antenna Element Modeling

Although most modern laptop computers are equipped with internal wireless interfaces, external radios housed in PCMCIA cards and miniature USB dongles are still very common. The IFA element is one of the most popular integrated antennas for plug-in interfaces due to its planar structure, small size and easy integration on a circuit board [5]. It consists of a quarter wavelength arm, placed parallel to the ground plane edge and shorted in one end (Fig. 1). Essentially an IFA is half the size of the traditional  $\lambda/2$  slot antenna and their mechanisms of operation are analogous. By moving the feeding stub from the shorting stub to the open slot end, the IFA input impedance changes from low to high values. IFAs have also been successfully

used for laptop built-in antennas [6]. In this study an IFA element operating in the ISM 2.4 GHz band has been used, see Fig. 1.

#### 2.2 Laptop Modeling

In order to minimize radiation from today's high speed electronics, manufacturers are forced to use conducting laptop covers or thin metallic layers just inside the laptop casing [6]. Such a structure as a whole can be fairly approximated by a several wavelengths in size (at WLAN/WPAN frequencies) metallic box. The main effects are the introduction of reflection and blockage of the laptop antenna radiation. In this study the following laptop model has been used:

- keyboard base: 295×260×25 [mm<sup>3</sup>] PEC box (Fig. 1),
- lid: 295×225×5 [mm<sup>3</sup>] PEC box, mounted perpendicularly to the keyboard base (Fig. 1),
- PCMCIA card: 102×50×5 [mm<sup>3</sup>] PEC box.

Two typical PCMCIA card positions have been considered: inserted into the back card slot (Ba) and into the front card slot (Fr), see Fig. 2.



Fig. 1. IFA element model housed in a PCMCIA card. The antenna part protruding from the PC is usually enclosed in a plastic case.

### 2.3 Human Modeling

A human body model based on an anatomical mannequin, corresponding to a 177 cm tall, 72 kg in weight male, generated by Poser software tool, has been used. A typical typing posture (Fig. 2) has been introduced. Since only the external shapes and sizes are used, the generated model is homogeneous. Dielectric material of relative permittivity  $\varepsilon_r = 40$ , dielectric loss tangent tan  $\delta = 0.157$  and mass den-





Fig. 2. Perspective, side, and top views of the modeled laptop and user: Ba – back slot location, Fr – front slot location.

# 3. Antenna Performance

The antenna performance has been evaluated for three scenarios: (i) freestanding PCMCIA card, (ii) card + laptop, and (iii) card + laptop + user. In addition, the two card locations indicated in Fig. 2 have been considered. The minimum distance between the biological tissue and the IFA arm is 33 mm for the back location and 35 mm for the front location.

The comparison of the input reflection coefficient for the front (Fr) card location three scenarios is presented in Fig. 3. The achieved impedance frequency bands for all scenarios are resumed in Tab. 1. Almost the same input reflection coefficient results have been obtained for the back (Ba) card location. The laptop housing has a strong influence on the antenna matching because it disturbs the electromagnetic fields in the very close vicinity of the radiator. As the exact card location is not the same for different laptop manufacturers, sufficient bandwidth margins have to be provided to overcome some potential detuning. In the simulated scenarios the presence of the operator has shown a minor influence on  $S_{11}$ . The total gain far-field radiation pattern of an IFA attached to a freestanding PCMCIA card is presented in Fig. 4 (first row) [3]. In this scenario a significant contribution to the radiation comes from the card ground plane, which behaves as a one wavelength dipole (notice the butterfly horizontal plane pattern). When the card is inserted into the PC (Fig. 4, rows 2 and 4) the far-field pattern is notably changed. The corner reflector formed by the keyboard and the screen setup causes enhanced radiation towards the screen front left side (see 3D patterns in Fig. 4 and max. gain values in Tab. 1) while some screen shadow areas are created for the front card location (see H-plane pattern around  $120^0$ ) [1].



Fig. 3. Antenna reflection coefficient for PCMCIA card front slot location.

Parameter	Back location	Front location
S <sub>11</sub>   ≤ - 6 dB frequency band [GHz] (card alone)	2.280-2.637 BW=0.356	
S <sub>11</sub>   ≤ - 6 dB frequency band [GHz] (card + laptop)	2.325-2.512 BW=0.187	2.326-2.510 BW=0.184
S <sub>11</sub>   ≤ - 6 dB frequency band [GHz] (card + laptop + user)	2.326-2.512 BW=0.186	2.326-2.506 BW=0.180
Maximum gain [dBi] (card alone)	3.04	
Maximum gain [dBi] (card + laptop)	6.76	5.47
Maximum gain [dBi] (card + laptop + user)	5.14	2.22
Radiation efficiency ŋr [%]	77	44
Max SAR location	left palm little finger	left wrist
Max SAR [W/kg] 10g / 1g	0.771 / 1.288	2.151 / 2.932

Tab. 1. Summary of simulation results.

The user presence causes a significant change in the radiation pattern (Fig. 4, rows 3 and 5). For both antenna locations a strong human torso shadow effect (up to 15 dB) is observed. Moreover, for the front card location, the user wrist practically covers the antenna leading to reduced upward radiation (as much as 10 dB).

The close proximity of the lossy biological tissue also causes antenna radiation efficiency degradation. The models used in the numerical simulation consider the antenna element structure and laptop housing composed solely of PEC. Therefore, as no lossy dielectric elements are used, the entire power absorbed by the system  $P_{abs}$  is absorbed solely by the human body. The radiation efficiency of the laptop + user system is defined as

$$\eta_r = \frac{P_{rad}}{P_{rad} + P_{abs}} = \frac{P_{rad}}{P_{acc}} \tag{1}$$

where  $P_{rad}$  is the power radiated to the far-field region,  $P_{acc}$  is the antenna accepted power and  $P_{abs}$  is the power absorbed by the human body.

The antenna radiation efficiency calculated according to equation (1) is presented in row eight of Tab. 1. For the card front location the human body absorbs 56% of the energy radiated by the antenna, whereas for back card location the estimated value is 23%.

## 4. SAR Evaluation

The exposure of human tissue to EM radiation has been evaluated in terms of Specific Absorption Rate (SAR) for an antenna output power 1 W (peak). Fig. 5 presents the 10g averaged SAR distribution on the human body surface and the maximum 3D SAR values are given in Tab. 1. The user left arm is strongly illuminated by the antenna, and the peak SAR values occur in the part of the hand closest to the radiator. Significant SAR values (peak/10) occur in the user's leg and abdomen (especially for front card location). It should be noticed that the given values of SAR are normalized to 1W peak antenna output power, while typically a WLAN antenna radiates about 10 mW. Therefore, for a real operating system, a maximum SAR (10 g) of 0.022 W/kg is expected, which is almost a hundred times lower than the European safety limit (2 W/kg) [7].

It should be noted, however, that other wireless laptop interfaces, like cellular modems or WiMAX radios, can work with much higher power levels; also, the properties of the human tissue are frequency dependent. Finally, the simplified homogenous human model does not take into account different electromagnetic properties of different human tissues and provides only an estimation of the absorbed energy.



Fig. 4. IFA element mounted on a PCMCIA card: computed far field gain pattern at 2.44 GHz for different scenarios.



Fig. 5. SAR (averaged over 10 g of tissue) distribution on the human body surface, f=2.44 GHz.

# 5. Conclusions and Future Work

A 2.4 GHz inverted-F antenna housed in a PCMCIA card has been investigated from the perspective of a laptop application. Three scenarios have been analyzed in the numerical simulations: (i) a standalone wireless card, (ii) a card inserted into a laptop and (iii) a laptop/card setup operated by the user. In the last case (iii) an anatomical shape homogenous human model has been used.

It has been shown that the interaction with both the laptop structure (screen and keyboard) and with the user have a strong effect on the radiation performance. Therefore, for proper evaluation of the in-use antenna performance the scenario constituents (IFA, PCMCIA card, laptop and user) have to be jointly taken into account as a whole. The laptop structure causes antenna detuning and modifies the far-field radiation pattern. Further changes in far-field pattern are caused by the presence of the user: blocking up to 15 dB towards the torso direction and blocking up to 10 dB of upward radiation by the wrist shadowing. The antenna radiation efficiency depends on the relative location of the user hand and the PCMCIA card and can drop down by over 50% when the card is below the wrist. The SAR distribution also depends on antenna location, however, even for the worst case, the peak SAR levels are much lower than the defined safety limits for an antenna output power of 10 - 100 mW.

It is worth to mention that, although only simulation results are presented in this paper, the models used have been validated by experimental results in other very similar problems [1], [2], [8]. The results presented for the simplified scenarios encouraged the authors to perform a deeper analysis, which in future will consider the following factors: (i) use of other antenna types including internal antennas, (ii) study of other antenna locations, (iii) inclusion of the supporting table top in the model, (iv) a more realistic laptop casing, (v) a human model in non-typing position and (vi) a more elaborated inhomogeneous human model.

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